

# Women's Australian Rules Football!



**Wanted:** women to play a sport new to the U.S. that is fast paced, graceful, and exciting to play (and watch)!

Australian Football combines elements of many sports including soccer and basketball. The ball is always live, there are no offsides rules, and you can use both hands and feet. A great way to get in shape, make new friends, and have lots of fun this summer.

More info and video of the first official women's game at [womensfooty.com](http://womensfooty.com)

All ages, shapes, and athletic abilities welcome!

## **No experience necessary**

Come to practice at 10am Saturdays at Lake Nokomis Athletic fields, 50<sup>th</sup> & Cedar, Minneapolis

Visit <http://womensfooty.com/minnesota> for latest practice schedule



Interested or have questions?

Sign up for updates

[kjh@womensfooty.com](mailto:kjh@womensfooty.com)

763-553-9564

Men interested in playing?

Contact the Minnesota Freeze at [minnesotafreeze.com](http://minnesotafreeze.com)

<http://womensfooty.com>